Resources for Students with Children

LACTATION SUPPORT



Mississippi State University provides reasonable break time to express breast milk as well as provision of an appropriate location to express breast milk. These rooms will be available from 8 A.M. - 5 P.M., Monday-Friday; excluding special events and holidays. The Colvard Student Union and The Welcome Center/Cullis Wade Depot

Mother's Room will be available during most game day events on campus.

LACTATION SUPPORT ROOMS:

Allen Hall - Room 445

Lloyd Ricks Watson – Room 068 access key from room 120

Cullis Wade Depot / Welcome Center 2nd floor – Room 2103 access key from receptionist on first floor or by registered ID

Colvard Student Union – Room 226 access key from Reservations Desk on the 2nd floor or by registered ID

Humphrey Coliseum - Room 309

Longest Student Health Center 3rd floor – Room 3102

Thompson Hall – Room 110B access key from desk in room 110

The Wise Center – Room L3017 located in the library, access key at front desk

Memorial Hall – Room 113 open weekdays 7 a.m.-5:30 p.m. game days from 7 a.m.-11 p.m.

Bost Extension Center – Room 102-Apast the office of Agricultural Communications

FOOD SECURITY NETWORK

The Mississippi State University Food Security Network (FSN) connects students in need to food resources within the community. Bully's Pantry provides free nutritious foods, toiletries, and other household items.

Bully's Pantry: In-Person Shopping

120 Morgan Ave. Mississippi State, MS 39762

Hours: 2-5 p.m. M,W,F & 11 a.m.-2 p.m. T, Th



For more information, contact:

Dean of Students Office
662.325.3611
students.msstate.edu

CHILD DEVELOPMENT & FAMILY STUDIES CENTER

The Child Development and Family Studies Center is the child-study laboratory for the School of Human Sciences. Children ages 6 to 8 weeks — with first required immunizations — to 4 years old or kindergarten eligible are enrolled in 11 classes. There are individually fenced playgrounds with developmentally appropriate equipment for the children and a center garden, in which children participate in growing their own food for classroom tasting.

501 College View Street; Starkville, MS 39759 • humansci.msstate.edu/cdfsc/

Community Resources for Students with Children

EDUCATIONAL SUPPORT SERVICES /

Discovery Center

Housed at Emerson School 1504 Louisville Street Starkville, MS 39759

starkvillesd.com/discoverycenter

P: 662.615.0033



Offers a variety of lifelong learning experiences designed to encourage and support strong healthy families. Programs include library, educational toys and materials, workshops, special classes, mentoring, preschool assessment, counseling, and home visits. Financial Counseling is offered through the Financial Peace workshop which discusses credit cards, debt, loans, and how to restore/repair credit. Active Parenting, Anger Management, and CPR certification are also offered.



Warm Neighbor Program

4-County Electric Power Association

5265 South Frontage Road Columbus, MS 39701

200 North Lafayette Street Starkville, MS 39759

4county.org



Provides one time per year emergency energy assistance for members. The special services offered are budgeted billing, bank draft, life support system alert, golden priority club, home energy audits, and speaker's bureau. Please apply at the Salvation Army or Helping Hands.

Christian Friends Society

206 West Park St. Louisville, MS 39339

P: 662.773.9319

Food assistance, utility bill assistance, Christmas box program, and thrift shop are provided to low-income households.

Prairie Opportunity, Inc.

501 Hwy 12 West, Suite 110 Starkville, MS 39759

P: 662.323.3397

122 North Jackson Street West Point, MS 39733

P: 662.494.4862

prairieopp.dudaone.com

A nonprofit organization serving people in the Golden Triangle area with the mission of promoting self-sufficiency for low-income households.

Mississippi State Department of Health

WIC Food Distribution Center <u>msdh.ms.gov</u>



Provides supplemental food/nutrition education, immunizations, and child health screenings at the Mississippi State Department of Health Clinic.

Starkville Strong

109 S Lafayette Street Starkville, MS 39759 starkvillestrong.org P: 662.314.4648



Provides a support system and continuum of care to Starkville residents that will improve the chances of finding and maintaining stability. Efforts within the community focus on those at risk of becoming homeless and/or those who are homeless currently. Seven pantries are facilitated throughout the community and are open for pick-up 24/7.

Mississippi Regional Housing Authority IV

2845 S Frontage Road Columbus, MS 39701 P: 662.327.0136



Aids in renting safe and sanitary housing for low-income families.

Applicants must be at least 21 years of age. Counties served: Carroll, Chickasaw, Clay, Grenada, Lowndes, Montgomery, Oktibbeha, Webster, and Winston.

United Way 211 Mississippi Helpline

Dial <u>211</u> or <u>1(800).472.8265</u> myunitedway.com/211



Information and referrals for individuals seeking emergency food and clothing, utility and rent assistance, shelter/housing, vision and hearing services, support groups, job services, volunteer opportunities, counseling, etc.

Peter's Rock Food Pantry

121 Dr. Martin Luther King Drive Starkville, MS 39759 P: 662.615.4493 or 662.615.4001



Provides food for the elderly, low income, and homeless. An application can be completed at Peter's Rock Church.

Casserole Kitchen

105 N Montgomery Street Starkville, MS 39759

P: 662.323.3483

casserolekitchen21@gmail.com

A partnership of local churches to prepare and serve food for members of the community. Meals are served in The Episcopal Church of the Resurrection Parish Hall Tuesdays and Thursdays at 6 p.m. and Saturdays at 11:30 a.m.

St. Joseph Food Pantry

607 University Drive Starkville, MS 39759

P: <u>662.323.2257</u>



Distributes free food on the 1st and 3rd Saturday of every month to needy families. Food is distributed from 9-11 a.m. One-time registration required along with proof of income and social security cards for everyone in the household.

Division of Medicaid

313 Industrial Park Road Starkville, MS 39759

P: 662.323.3688

603 Leigh Drive Columbus, MS 39705

P: 662.329.2190

medicaid.ms.gov



Responsible for determining Medicaid eligibility for Mississippi's elderly and disabled population whose income is over the SSI limit but below the poverty level. Eligibility is also determined for families with children and the CHIP coverage.

Golden Triangle Planning and Development District

106 Miley Road Starkville, MS 39759 P: <u>662.324.7860</u>

gtpdd.com



Nonprofit economic development organization that aims to provide a single-system plan programming efforts with a regional approach. Childcare assistance is available based on income and not currently receiving TANF.

Oktibbeha County Health Department

203 Yeates Street Starkville, MS 39759

P: 662.323.4565

www.oktibbehacountyms.org

Promotes and protects the health of the citizens of Mississippi. Everyone is eligible. Medicaid screenings, WIC information, pregnancy testing, referrals, and health screenings.

Arc of Lowndes County

P.O. Box 5387 Columbus, MS 39704

P: 662.245.1323

arclowndescounty@gmail.com

A nonprofit dedicated to parents, professionals, volunteers, and providers concerned with the well-being of children and adults with developmental disabilities. IEP planning and assistance, special education advocacy, resource and referral information, legislative awareness, inclusion awareness, and sexual abuse awareness.

CONTACT Helpline

P.O. Box 1304 Columbus, MS 39703 P: <u>662.323.HELP</u> (4357)

www.contacthelplinegtrms.org



Provides community information/referral services, serves as a crisis intervention listening service, and works with Community Counseling Services, Inc. to provide emergency mental health services and telephone reassurance to citizens in the community.

Counties include: Lowndes, Clay, Oktibbeha, Winston, Webster, Noxubee, Choctaw and Monroe.

Community Counseling Services, Inc.

Region 7 Community Mental Health Center • <u>ccsms.org</u> Counties Served: Choctaw, Clay, Lowndes, Noxubee, Oktibbeha, Webster, and Winston

Clay County

337 Court St. West Point, MS 39773 P: 662.573.3713

Lowndes County

1001 Main St. Columbus, MS 39701 P: 662.328.9225

Oktibbeha County

302 North Jackson St. Starkville, MS 39759

200 W Martin Luther King Dr. Macon, MS 39341 P: 662.726.5042

Noxubee County

P: 662.323.9318